



RETURNING ATHLETE REGISTRATION PACKAGE FALL/WINTER 2018-2019

REGISTRATION PROCESS

1. Review the **Sport Programs** (included on page 3) to decide which sport(s) the athlete would like to participate in during the Fall/Winter 2018-2019 sports season.
2. Read the **Registration Form** (page 4) carefully. **This registration is for RETURNING ATHLETES ONLY.** If the athlete is new to Special Olympics Kitchener-Waterloo, complete the **New Athlete Registration Form** on our website - kw.specialolympicsontario.ca.
3. All athletes must complete a **Medical History** form (pages 6 and 7). **This form must be completed and returned with your registration package.**

It is the responsibility of the athlete or the athlete's caregiver/guardian to inform all coaches of any changes to an athlete's medical status.

Coaches reserve the right to request a new/updated **Medical History** form as deemed necessary.

4. Mail payment with the completed **Registration Form and Medical Forms** (pages 4,6 & 7) to:
Special Olympics Kitchener-Waterloo, Attn: Registrar
PO Box 40107, Waterloo Town Square
75 King Street South, Waterloo, ON N2J 4V1
5. Please make cheques or money orders payable to SOO Kitchener-Waterloo.

PLEASE NOTE

1. Registration to all programs is on a **first come, first served** basis and many sports have a limited number of spaces.
2. Receipts will be emailed directly to you. This is your confirmation that you have been registered for your sports.
3. Providing support for athletes requiring assistance is the responsibility of the athlete's caregiver.
4. If you require financial support for registration/equipment, City of Kitchener, KidSport and Jump Start provide grants. Please check their websites for more information.
5. Athletes cannot participate in practice until they have submitted their registration forms and medical forms. No exceptions.
6. **Minimum Age Policy**
 - a. The official minimum age for Special Olympics athletes is 8 years old.
 - b. Athletes wishing to participate in any team and/or contact sports must be 8 years old at the start of the season.
 - c. Athletes wishing to participate in individual, non-contact sports may start as young as 6 years old, if the head coach of the sport has given their written consent. In these situations, the legal guardian of the child is required to be present at all times and the athlete must have a one-on-one coach. The parent or caregiver can be the coach if they are registered as a Special Olympics volunteer.



7. All program details are subject to change pending facility availability. You will be notified of any changes to the information included in this package. Outdoor sports practice dates may change due to weather conditions. The head coach will inform you of any changes.
8. All equipment listed is mandatory, the coach has the right to refuse the athlete from practicing if they do not come with all of the required equipment
- 9. Divisioning guidelines**
 - a. A – Has mastered all of the acquired skills of the sport
 - b. B – Has acquired all of the skills of the sport
 - c. C – Has acquired most of the skills of the sport
 - d. D – Has acquired few or none of the skills of the sport



FALL/WINTER SPORT PROGRAMS 2018-2019

Team / Club	Location	Day / Time / Coach	Season Start Date/Fees
10 Pin Bowling <i>Alley Cats</i>	Kingpin Bingemans 425 Bingemans Centre Kitchener, ON N2B 3X7	Sundays 6:15 PM – 8:30 PM Head Coach: Heather Woolley and Crystal Mitchell	September 23, 2018 to April 28, 2019 Club Fee: \$9 per session (3 games per session) Equipment: Loose fitting clothing (shoe rental included)
5 Pin Bowling <i>KW Olympic Rollers</i>	Victoria Bowling Lanes 280 Victoria St South Kitchener, ON N2G 2G3	Tuesdays 6:00 PM – 8:00PM Head Coach: Pauline Schaefer and Silvia Burnett	September 11, 2018 to April 30, 2019 Club Fee: \$8 per session (2 games per session) Equipment: Loose fitting clothing (shoe rental included)
Alpine Skiing	Chicopee Ski Club 396 Morrison Road Kitchener, ON N2A 2Z6	Wednesdays 5:30 PM – 7:00 PM Head Coach: Mel Lavoie	January 9, 2019 to March 27, 2019 Club Fee: \$33 per session Equipment: Warm clothing, skis, helmet, and boots
Basketball <i>Raptors – A Division</i>	Abraham Erb Public School 710 Laurelwood Drive Waterloo, ON N2V 2V3	Mondays 7:30 PM – 9:30 PM Head Coach: Steve Singer	October 15, 2018 to April 29, 2019 Club Fee: \$15 Equipment: Loose fitting clothing and running shoes
Basketball <i>Hoops – D Division</i>	Abraham Erb Public School 710 Laurelwood Drive Waterloo, ON N2V 2V3	Thursdays 6:30 PM – 8:30 PM Head Coach: Steve Singer	October 11, 2018 to April 25, 2019 Club Fee: \$15 Equipment: Loose fitting clothing and running shoes
Floor Hockey <i>Cubs – C Division</i>	Abraham Erb Public School 710 Laurelwood Drive Waterloo, ON N2V 2V3	Mondays 6:30 PM – 7:30 PM Head Coach: Pauline Schaefer	September 17, 2018 to April 29, 2019 Club Fee: \$15 Equipment: CSA-approved helmet , loose fitting clothing and running shoes
Nordic Skiing <i>KW Penguins</i>	Destinations will be different each week and coaches will advise of locations	Sundays 2:00 PM – 4:00 PM Head Coach: Tannis Gayler and Ellen Libertini	December 2, 2018 to March 17, 2019 Club Fee: \$15 plus \$5 per session for ski rentals (if required) Equipment: Warm loose fitting clothing, ski rentals available
Powerlifting <i>Grizzlies</i>	Active Souls Project 987 Guelph Street, Kitchener	Mondays 5:00 PM – 6:00 PM Head Coach: Sascha King	September 10, 2018 to August 26, 2019 Club Fee: \$10 per class Equipment: Stretch-type shorts, t-shirt, running shoes
Snowshoeing	Waterloo Rec. Centre 101 Father David Bauer Dr. Waterloo, ON N2J 4A8 MEET IN LOBBY	Wednesdays 6:30 PM – 7:30 PM Head Coach: Julie Wetzler	January 2, 2019 to March 13, 2019 Club Fee: \$20 Weather Permitting Equipment: Thermals, track pants, light jacket, good warm mitts/gloves, hat, light boots or waterproof runners. No jeans, scarves, snow pants
Speed Skating	RIM Park KW Sertoma Speed Skating Club SOO	Head Coach: TBD	Please email your completed forms to: register@kwspeedskating.com Equipment: gloves, shin pads, elbow pads
Swimming <i>Crusaders</i>	Wilfrid Laurier Athletic Complex 75 University Ave W Waterloo, ON N2L 3C5	Fridays 5:00 PM – 6:00 PM or 6:00 PM – 7:00 PM or 5:00 PM – 7:00 PM Head Coach: Elissa Cressman	September 21, 2018 to November 30, 2018 January 11, 2019 to March 29, 2019 Club Fee: \$50 Equipment: Bathing suit, towel *** We are not able to provide traditional swimming lessons ***



RETURNING ATHLETE REGISTRATION FORM – FALL/WINTER 2018-2019

Contact Information

SOO Registration Number (if known) _____

Male Female

First Name

Last Name

Street Address

Apt#

City

Province

Postal Code

Home Phone Number

Primary Contact

Home Phone Number

Cell Phone Number

Email Address

Alternate Contact

Home Phone Number

Cell Phone Number

Date of Birth

Living Arrangements

MM / DD / YY

Group Home Family Independent Other

Please place a check (✓) in the box, enter and total the cost for the sport(s) you wish to participate in.

Register	Sport	Detail	Fee	Athlete's Cost
	10 Pin Bowling		\$9 per session	Pay weekly
	5 Pin Bowling		\$8 per session	Pay weekly
	Alpine Skiing		\$33 per session	Pay weekly
	Basketball	Raptors –A (MONDAYS)	\$15	
	Basketball	Hoops – D (THURSDAYS)	\$15	
	Floor Hockey		\$15	
	Nordic Skiing	Additional \$5 per session ski rental	\$15	
	Powerlifting		\$10	Pay weekly
	Snowshoeing		\$20	
	Speed Skating		Please email: jnw@golden.net	
	Swimming	5:00 - 6:00 PM , 6:00 - 7:00 PM or 5:00 - 7:00 PM	\$50	
✓	KW Registration Fee	Flat Rate	\$25	\$25
	Early Bird Discount	Before September 12, 2018	-\$10	
✓	Total	Total Athlete's Cost	Total	\$

Athlete is registering for _____ recreation sport _____ competitive sport (Please check one)

PAYMENT AND REFUND POLICY



1. Full payment will be collected for all registered sports regardless of the date of registration.
2. If any amount remains unpaid at the time of the first practice the athlete will not be allowed to participate. Any exceptions must be requested in writing to the *Community Council* for their consideration and approval. If a registration cheque is returned for *Non Sufficient Funds (NSF)*, the athlete will not be permitted to participate in the program until a replacement cheque has been issued. If two consecutive NSF cheques are submitted, the athlete will be required to pay by cash/money order.
3. A full refund will be given to any athlete who withdraws from a sport prior to the commencement of the second practice.
4. A full or partial refund will be given to athletes who cannot continue in a sport due to illness or injury; this is subject to a doctor's certificate. The maximum refund will be prorated. **No refund will be issued for an amount less than \$5.00.**
5. Any athlete who withdraws from a program with less than three practices remaining will not be issued a refund.
6. Requests for refunds will not be considered after the end of the season.
7. If you require financial support for registration/equipment, City of Kitchener, KidSport and Jump Start provide grants. Please check their websites for more information.

CONTACT INFORMATION
LJILJANA KRAJISNIK, REGISTRAR

SPECIAL OLYMPICS ONTARIO, KITCHENER-WATERLOO

Telephone (Answering Machine): 519-578-3113

Web site: kw.specialolympicsontario.ca

Email: kw.registrar@specialolympicsontario.ca



MEDICAL HISTORY - 1

Please print clearly and complete **all** sections. All medical changes must be immediately conveyed to the manager/coach of each sports club the athlete is participating in.

Athlete Information

First Name _____ Last Name _____

Telephone # _____ OHIP # _____

Emergency Contact Information

Family Doctor (please print name) _____ Telephone Number _____

Name of Emergency Contact 1 _____ Telephone Number _____

Name of Emergency Contact 2 _____ Telephone Number _____

Medical History

Please indicate yes or no for all areas

Yes	No		Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Allergies	<input type="checkbox"/>	<input type="checkbox"/>	Easy Bleeding
<input type="checkbox"/>	<input type="checkbox"/>	Food	<input type="checkbox"/>	<input type="checkbox"/>	Emotional/Psychiatric/Behavioural Problems
<input type="checkbox"/>	<input type="checkbox"/>	Stings/Bites	<input type="checkbox"/>	<input type="checkbox"/>	Hearing Loss/Hearing Aid
<input type="checkbox"/>	<input type="checkbox"/>	Medicine	<input type="checkbox"/>	<input type="checkbox"/>	Heart Disease or Defect/High Blood Pressure
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Heat Stroke/Exhaustion
<input type="checkbox"/>	<input type="checkbox"/>	Blindness/Visual Problems	<input type="checkbox"/>	<input type="checkbox"/>	Major Surgery or Serious Illness
<input type="checkbox"/>	<input type="checkbox"/>	Bone or Joint Problem	<input type="checkbox"/>	<input type="checkbox"/>	Medications (If yes, list below)
<input type="checkbox"/>	<input type="checkbox"/>	Chest Pain	<input type="checkbox"/>	<input type="checkbox"/>	Non-verbal
<input type="checkbox"/>	<input type="checkbox"/>	Concussion or Serious Head Injury	<input type="checkbox"/>	<input type="checkbox"/>	Seizures/Epilepsy/Fainting Spells
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Requires Assistance
<input type="checkbox"/>	<input type="checkbox"/>	Down Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	Uses Wheelchair
<input type="checkbox"/>	<input type="checkbox"/>	Atlanto-Axial X-Ray Result _____	<input type="checkbox"/>	<input type="checkbox"/>	Other: _____

Date of Last Tetanus Shot: ____ / ____ / ____ Blood Type: _____
MM DD YY

Medications:

Medication Name	Dosage	Times Per Day	Medication Name	Dosage	Times Per Day



MEDICAL HISTORY – 2

Name of Athlete _____

Please explain any medical issues and how to address them (e.g. list any allergies, response to seizures, medication required for specific circumstances, and so on).

Please indicate any information that will benefit the athlete/coach training relationship (e.g. behaviour management, communications, limitation, and so on).

Important: This form must be completed and signed by the athlete or caregiver/guardian in order to participate in any practice or sporting event.

Name (print)

Signature

Relationship to Athlete

Date

Important: Information must be confirmed by the coaching staff or manager before the first practice of the year.

Date Information Confirmed Correct	Date Information Revised	Athlete/Guardian Initials	Coach/Manager Initials